Sensor Insoles
Fitting Guide

Effective January 4th, 2021
Use Notes

This document enables you to check the sizes of Moticon ReGo Sensor Insoles by printing the outlines on paper in real size.

Printing

Make sure to print the insole outlines without scaling to achieve proper 1:1 sizes.

It is recommended to print on heavy paper (120g/sheet) if you intend to insert the template into a shoe.

Cutting

Cut with scissors or paper knife along the outer line in order to achieve the right outline shape. Make sure you cut or fold the dividing line between the two halves to achieve the right length.
ReGo Size Overview

**SIZE 1**
EU 32 – 33  US Men 1 – 2  US Women 2½ – 3½

**SIZE 2**

**SIZE 3**
EU 36 – 37  US Men 3½ – 4  US Women 5 – 6

**SIZE 4**
EU 38 – 39  US Men 5 – 6  US Women 6½ – 7½

**SIZE 5**
EU 40 – 41  US Men 6½ – 7½  US Women 8 – 9

**SIZE 6**
EU 42 – 43  US Men 8 – 9  US Women 9½ – 10½

**SIZE 7**
EU 44 – 45  US Men 9½ – 10½  US Women 11 – 12

**SIZE 8**
EU 46 – 47  US Men 11 – 12  US Women 12½ – 13½

**SIZE 9**
ReGo 1
EU 32 – 33
US Men 1 – 2
US Women 2½ – 3½

**WIDTH** | **LENGTH**
--- | ---
80.2 mm | 214.9 mm
3.16 in | 8.46 in

ReGo 2
EU 34 – 35
US Men 2½ – 3
US Women 4 – 4½

**WIDTH** | **LENGTH**
--- | ---
83.4 mm | 225.6 mm
3.28 in | 8.88 in
ReGo 3

EU 36 – 37
US Men 3½ – 4½
US Women 5 – 6

WIDTH | LENGTH
---|---
86.7 mm | 236.8 mm
3.41 in | 9.32 in

ReGo 4

EU 38 – 39
US Men 5 – 6
US Women 6½ – 7½

WIDTH | LENGTH
---|---
90.2 mm | 248.6 mm
3.55 in | 9.79 in
**ReGo 5**

- **EU**: 40 – 41
- **US Men**: 6½ – 7½
- **US Women**: 8 – 9

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<td>93.8 mm</td>
<td>261.1 mm</td>
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<td>3.69 in</td>
<td>10.28 in</td>
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**ReGo 6**

- **EU**: 42 – 43
- **US Men**: 8 – 9
- **US Women**: 9½ – 10½

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<td>97.50 mm</td>
<td>274.2 mm</td>
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<td>3.84 in</td>
<td>10.80 in</td>
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**ReGo 7**

- **EU**: 44 – 45
- **US Men**: 9½ – 10½
- **US Women**: 11 – 12

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<td>101.4 mm</td>
<td>288.0 mm</td>
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<td>11.34 in</td>
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**ReGo 8**

- **EU**: 46 – 47
- **US Men**: 11 – 12
- **US Women**: 12½ – 13½

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<td>105.5 mm</td>
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<td>11.91 in</td>
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ReGo 9

**EU** 48 – 49

**US Men** 12½ – 13½

**US Women** 14 – 15

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<td>109.7 mm</td>
<td>317.5 mm</td>
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<td>12.50 in</td>
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